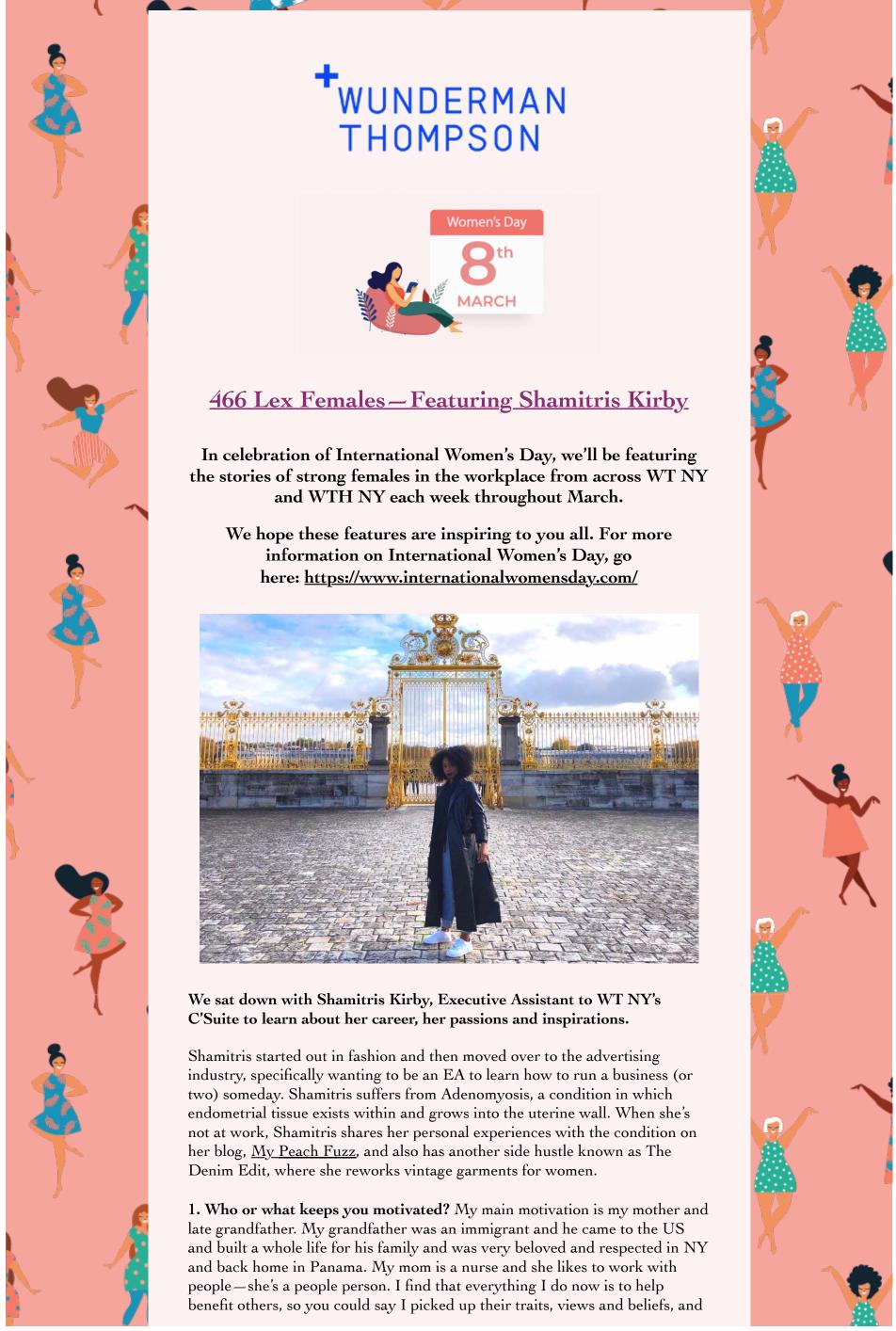
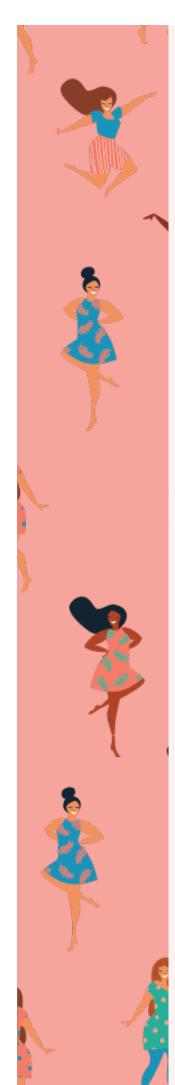
466 Lex Females—Featuring Shamitris Kirby

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Wed 3/4/2020 12:24 PM

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I want to make them proud.

2. What inspired you to start your blog, My Peach Fuzz? The blog really started out as a personal journal of mine during my medical journey. I actually went to some of our creative team members here in the office and asked them for a resource to post content and they recommended a private site called Cargo Collective. From there, I realized I couldn't keep my journey private. It was important that I exposed what I was going through and shine a light on the condition, especially my lack of success with Western medicine. Now, it's my mission to educate both women and men to create awareness.

3. How do you continue each day in such pain and not let it stop you? It takes a lot of mental preparation. I'm constantly telling myself "Don't give up. Don't quit." I know there are people dealing with much, much worse things than I am. Thinking of those people - those with illnesses that may potentially kill them, helps ground me in knowing that I can push through. One medical solution is taking out my uterus, which doctors are certain will help. However, removing my uterus eliminates my chances for having children. I'm 30 years old and the thought of not having the ability to bear children is extremely emotional, especially when I know there are women out there who cannot have children for other reasons.

4. What has it been like to live your life in constant pain? It's really hard to explain to people, especially males, who cannot understand or relate to the physical feeling that I face every day. No one should make any woman feel less than because of what they're physically feeling. We're all human at the end of the day, and it's important to share what I'm going through so people can be more empathetic and understanding.

5. You have 2 side hustles and a day job. How do you manage your time? Any spare time I have throughout the day, I use to work on my side hustles. When I get home from work, I spend most of my time sewing. My advice: take advantage of any free time you have. Even if it's 10-15 minutes.

Stay tuned for our newsletter next week as we feature another boss lady from WT Health!



International Women's Day is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for accelerating gender parity.

Sent by juhi.laungani@wundermanthompson.com in collaboration with



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